

WAR SURVIVORS INSTITUTE

Aspirations for our world

A message from our founder, C.E.O. and President

Greetings friends, donors, partners and future collaborators!! On behalf of our board, volunteers and supporters that embraced the War Survivors Institute (WSI) in our first year of program operations, I extend a warm hand with a grateful heart.

It is because of **YOU** that in 2018, **12** Veterans received healing services through our educational workshops. With your support over **700** displaced refugees in Uganda received improved mental health screening and access to psychosocial care. These refugees completed a pilot mental health screening during their transit for permanent resettlement to the United States. And with your contributions in the first year and a half we were able to raise **\$72,000.00** dollars to continue our programming.

WSI supports Transformational Healing using mind-body approaches for war survivors and aspirational projects to help heal our world. Transformational Healing (TH) is a process where people see themselves and their world in a whole new way, which leads to healthy engagement and Whole Health within one's self and between persons and groups in our world. WSI does this because of our principles of **ONE** and of **Co-opetition**. ONE because we are all part of ONE large family; Co-opetition because the world will be better with cooperative competition than with the conflict and greed-based competition, which is what leads to war and divisiveness. Conflict has lasting effects on individuals, communities, and nations: The world loses culture, countries lose historical artifacts, and the economic cost to individuals and societies is staggering and immeasurable.

WSI encourages global co-opetition in our programming by assisting people to realize that it is in every person's interest that we **ALL** thrive, experience safety and future opportunities. At WSI we improve health and the restoration of wellbeing by fostering trauma recovery through projects we conduct or fund. WSI encourages global co-opetition by conducting projects that foster mutuality.

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As I reflect on the organization's history and look toward its future, I'm reminded that it takes philosophy in action to accomplish our goals. It will take **US** all to push hard for and believe in the transformative power to keep making progress. So, I ask you to join in **OUR** movement to help survivors heal and help our world be a better and safer place. Together, let **US** continue to create this future for generations to follow.

Peace and Healing,



Michael Hollifield, M.D., C.E.O.



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Introduction

War Survivors Institute (WSI) is pleased to publish our first Annual Report. WSI was founded in late 2016 by Michael Hollifield, M.D. along with a dedicated group of clinicians, researchers, and educators to honor the resilience and strength of all war survivors. We help survivors heal and continue to be a beacon of hope shining light through the darkness of war.

At the heart of it, WSI believes that war survivors are – **survivors** – who have aspirations for their lives and the world that come from the depth of their experiences. **We are creating a movement:** providing hope for survivors to engage in their aspirational work, connecting survivors of past conflicts to show that hopes, purpose, and that connection can overcome greed and separation helping to heal the world. We teach this to future generations.

Our Mission

War Survivors Institute (WSI) is an international, U.S. based organization that works to restore whole health to those harmed by war, conducts projects to promote mutuality and prevent violent conflict, and provides education and training through teaching and research.



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Our Impact

Over **30 supporters** walked from Los Alamitos Park to the Veterans Pier in downtown Long Beach. We shared time connecting. This was our 3rd year of walking together to support survivors.

Five volunteers donated time. Over 40 individual sponsors made this event possible. We brought in **over \$3,500** to support Path to Whole Health© Seminars for military war survivors.

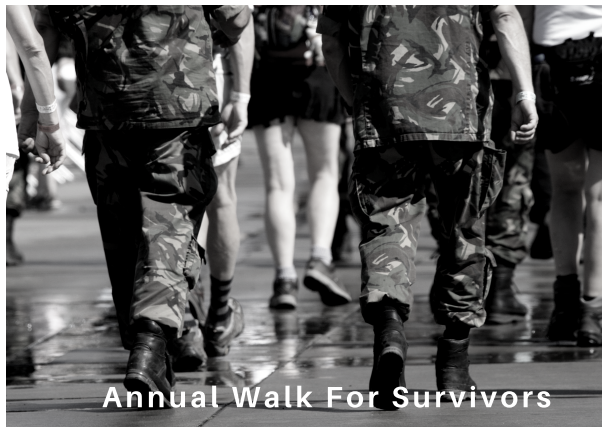
HEALING



WSI piloted a mental health screening and assessment protocol for outbound refugees traveling to the United States who were in 2 refugee camps in Uganda. The project was commissioned by the International Organization of Migration (IOM) with support from the Centers of Disease Control (CDC).

WSI implemented a 3-tiered screening approach and trained front line staff to implement the assessment program. More than **700 refugees** were screened with the pilot. Over **50 health workers, psychiatrists and front line staff** were reached.

CONNECTING



WSI held its first trademarked Path to Whole Health© Seminar for Veteran War Survivors at the Villages of Cabrillo August 18, 2018.

Our team was pleased to host 12 war survivors for this full-day experiential seminar teaching **8 hours** of healing support.

WSI plans to have 4 Veteran seminars and an inaugural Refugee seminar in 2019.

EDUCATING



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Our Impact

STUDENTS FOR WAR SURVIVORS INSTITUTE (SWSI)

WSI established a student chapter for young adults to organize resource distribution, fundraising and other special projects to benefit war survivors. This community service is a cornerstone of our students efforts in helping survivors.

In 2017 we partnered with highschool students in Seattle, Washigton organizing a massive clothing drive for refugees. 1,000 pounds of clothing was distributed to refugees served by the International Rescue Committee in Seattle, Washington and the MAYE Center for Cambodian Americans in Long Beach, California.



HELPING GARDENS GROW



SWSI conducted a bake sale to support a community garden for refugee survivors administered by the New Roots Garden of the International Rescue Committee in Renton, Washington. Over **\$1,400.00** were raised to purchase a shed, garden tools and a wheelbarrow. WSI President/CEO Michael Hollifield and Treasurer/CFO Valerie Wada joined SWSI national chairperson Cameron Clonch in August, 2018 in helping maintain the garden and distribute garden materials.

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2019 Aspirations

- Corporate Giving Program
- The Heart Center of the Path to Whole Health
- Bi-annual Conference on War Survivors
- Path to Whole Health Seminars for Refugee Survivors

THANK YOU

International Organization for Migration
Centers for Disease Control
Global Gift Fund
Mockett, Inc

Healing Wounds through Music and Film

WSI will sponsor a program that brings together U.S. Veterans of the Vietnam war and ex-refugees from Vietnam for two special video viewings. We'll watch "A Lifetime of Arts" featuring refugee survivor Le Van Khoa and "In the Shadow of the Blade," a Patrick and Cheryl Fries film. Principal film makers and viewers will join each other through dialogue to contextualize the films and their meanings as war survivors.

Honoring Peshmerga Project

The Honoring Peshmerga Project (HPP) is a partnership between Kurdistan and WSI to help promote healing of these incredible war survivors. The partnership will work to develop and implement a culturally-informed Path to Health© program for Kurdish war survivors.



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Our Vision

WSI envisions a future where co-opetition leads to fewer violent conflicts, improved global public health, and restoration of whole health to those harmed by war. 'Co-opetition' is the simultaneous sharing of and competing for resources for the good of all involved.

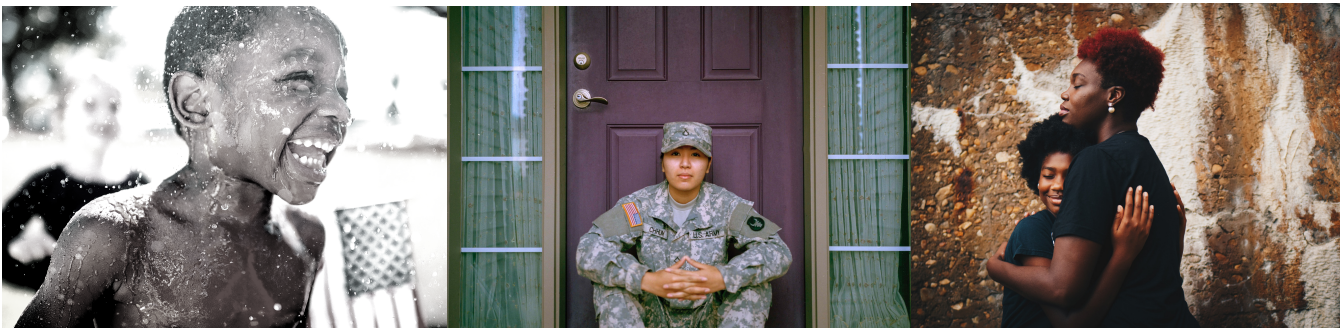
What We Do and Why We Do It

The three prongs of our mission are Healing, Connecting, and Educating.

**Healing: Because war harms the whole body.
Because survivors are resilient and can help heal the world.**

**Connecting: Because survivors and the world needs it.
Because it can help prevent violent conflict.**

Educating: Because our future depends on it.



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